



A Patient's Guide to MAMMOGRAM

**Your body,
your choice**

**based on your
views, needs,
interests or
rights**

**without
coercion, threats,
or violence**

**with the support
person/people
you want**



WHAT

x-rays of the breasts to
detect breast cancer



WHO & WHEN

females 40 years and older are encouraged
to get a mammogram every 1-2 years



WHERE

done in the radiology department of a
hospital or clinic



EXPECTATIONS

- Patient will be asked to undress from the waist up and be given a gown to cover with
- A radiology tech will take multiple view x-rays, they will position the patient's breasts on the machine
- Procedure may be uncomfortable to mildly painful

